



June 2023

PENTICTON SENIORS' DROP-IN CENTRE Telephone: 250-493-2111 [Check Website for updates](#)

Updated June 8		Calender Subject to change		2965 South Main Street, Penticton, BC, V2A 5J7		Business Hours/weekdays 9:00 AM to 4:00 PM	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>MONDAY BREAKFASTS 8:30-10:30</p> 	<p><u>POOL: MON-FRI</u></p> <p>LESSONS AVAILABLE BY APPT. ONLY CALL FRANK</p> <p>250-460-6931</p> 	<p>Tuesday Lunch Special 11:15-12:30 PM</p> 		<p>TOPS, BR, 8:30-10</p> <p>Span. Conv., CR, 10</p> <p>Hot Dog Day - 11-2</p> <p>BINGO open 10,sales 12,play 1 KW</p> <p>Improver Line Dance 1 GH</p> <p>Crafts, 1 CR</p> <p>Table Tennis, 3:15 GH</p>	<p>Mat Yoga, 9 GH Open 8 Ball Tourn., 9</p> <p>French, 9:30 CR</p> <p>Tai Chi,10:30 GH</p> <p>Chair Fit 12-1 GH</p> <p>Line Dance Party., 1 KW</p> <p>Mah Jong Int., 1 KW</p> <p>Ted Talks 1-2:30pm</p> <p>Membership Appreciation Day</p> <p>Friday Night Dance -Paul James 7-9:30</p>	<p>100th Birthday Celebration 10-6 PM GH</p> <p>Chair Dance, 10 KW</p> <p>EZ Line Dance, 11 KW</p> <p>Heidelberg Club-LG 2-5pm</p>	
4	5	6	7	8	9	10	
<p>ALL HIGHLIGHTED ACTIVITIES ARE FREE THIS WEEK FOR SENIORS WEEK</p>	<p>Scrabble 10 KWR</p> <p>BLOOD DONOR CLINIC GH</p> <p>Teach MahJong& MahJong 10 KW</p> <p>Outdoor YOGA 9 AM</p> <p>Duplicate Bridge12:30 KW</p> <p>Birds of a feather 12:30 LG</p> <p>DOUG COX 7-8 PM KW</p>	<p>Chair Yoga 10-outside</p>  <p>BLOOD DONOR CLINIC GH</p> <p><u>TUESDAY LUNCH</u></p> <p>Free Dessert with Lunch Purchase</p> <p>CRAFTS 1 CR</p> <p>Part. Bridge 1 KW</p> <p>Adventurers 6:30-9:30 PM KW</p>	<p>Chair Yoga 9-KW</p> <p>BLOOD DONOR CLINIC GH</p> <p>Death Doula - 10:45 - 12 KW</p> <p>Crib 1 KW</p> <p>DOUG COX 4-5 PM KW - The Klondike</p> <p>Ukulele, 6:30-8:30-KW</p>	<p>TOPS, BR, 8:30-10</p> <p>Span. Conv., CR, 10</p> <p>Carpet Bowling, 10:30 GH</p> <p>BINGO open 10,sales 12,play 1 KW</p> <p>Improver Line Dance 1 GH</p> <p>Crafts, 1 CR</p> <p>TIPS for Travellers 3-4 GH</p> <p>Strata K53 SGM 6-8 KW</p>	<p>Open 8 Ball Tourn., 9</p> <p>Mat Yoga, 9 GH French 9:30 CR</p> <p>Chair Fit 12-1 GH</p> <p>SENIORS WEEK</p> <p>Mah Jong Int., 1 KW</p> <p>UKULELE Sing-a-long 1:30- 3:30</p>	<p>CLOSING EVENTS</p> <p>9 AM TO 2:30 PM</p> <p>SEE CLOSING DAY SCHEDULE</p> <p>SENIORS WEEK</p>	
	11	12	13	14	15	16	17
<p>Penticton Neighbourhood Clothing and Toy Swap 11-3 pm</p> <p>MONTHLY SOCIAL DINNER GH</p> <p>5:30-7:30 PM</p>	<p>Mat Yoga 9 GH</p> <p>Scrabble 10 KW</p> <p>Teach MahJong& MahJong 10 KW</p> <p>Summer line Dance-Holly 10:15 GH</p> <p>Birds of a Feather 12:30 LG</p> <p>Duplicate Bridge 12:30 KW</p> <p>Live n Learn 1-2:30 GH</p>	<p>Chair Yoga 10-GH</p>  <p>Pilates 11 - GH</p> <p><u>TUESDAY LUNCH</u></p> <p>Improver Line Dance 1 GH</p> <p>Part. Bridge 1 KW</p> <p>CRAFTS 1 CR</p>	<p>Chair Yoga, 9 GH</p> <p>EZ Line Dance-10:15 GH</p> <p>Providence Funeral Home meeting - 9:30am-12 noon-KW</p> <p>Fun n Fit - 11:45AM GH</p> <p>Crib 1 KW</p> <p>Beg.Line Dance - 1 GH</p> <p>Beg.Line Dance 3-4 PM (Sign up required) GH</p> <p>Ukulele, 6:30-8:30 KW</p>	<p>TOPS, BR, 8:30-10</p> <p>Span. Conv., CR, 10</p> <p>First Steps Line Dancing,10:15 GH</p> <p>Pizza Day 11-12 PM</p> <p>BINGO open 10,sales 12,play 1 KW</p> <p>Improver Line Dance 1 GH</p> <p>Crafts, 1 CR</p> <p>First Things First AGM 6-9pm KWR</p> <p>Scottish Dancers, 7-9</p>	<p>Open 8 Ball Tourn., 9</p> <p>Mat Yoga, 9 GH</p> <p>French 9:30 CR</p> <p>Thai Chi 10:30 GH</p> <p>Chair Fit 12-1 GH</p> <p>Line Dance Party., 1 GH</p> <p>Mah Jong Int., 1 KW</p> <p>Ted Talks 1:00-2:30</p> <p>Friday night Dance - Buzz Buyer 9:30</p>	<p>Chair Dance, 10 GH</p> <p>EZ Line Dance, 11 GH</p> <p>Quilters Retreat KW</p> <p>9:30 AM - 9:30 PM</p> <p>Heidelberg Club LG 2-5 PM</p>	
18	19	20	21	22	23	24	
	<p>Mat Yoga 9 GH</p> <p>Scrabble 10 KW</p> <p>Teach MahJong& MahJong 10 KW</p> <p>Summer line Dance-Holly 10:15 GH</p> <p>Soup Day 11-12:00 PM</p> <p>Birds o Feather 12:30 LG</p> <p>Duplicate Bridge, 12:30 KW</p> <p>Live n Learn 1-2:30 GH</p> <p>Newcomer 6:30-9:00pm-KW</p>	<p>Chair Yoga 10-GH</p>  <p>Pilates 11:15- GH</p> <p><u>TUESDAY LUNCH</u></p> <p>Part. Bridge 1 KW</p> <p>Improver Line Dance GH</p> <p>Crafts, 1 CR</p>	<p>Chair Yoga 9 GH</p> <p>EZ Line Dance, 10:15 GH</p> <p>Fun n Fit - 11:45 AM GH</p> <p>Beg. Line Dancing, 1 GH</p> <p>Crib 1 KW</p> <p>Beg. Line Dance 3-4 PM (Sign up required) GH</p> <p>Ukulele, 6:30-8:30 GH</p>	<p>TOPS, BR, 8:30-10</p> <p>Span. Conv., CR, 10</p> <p>First Steps Line Dancing,10:15 GH</p> <p>BINGO open 10,sales 12,play 1 KW</p> <p>Improver Line Dance 1 GH</p> <p>Crafts, 1 CR</p> <p>Scottish Dancers, 7-9</p>	<p>Mat Yoga, 9 GH</p> <p>Open 8 Ball Tourn., 9</p> <p>French, 9:30, CR</p> <p>Birthday Club 11</p> <p>Chair Fit 12-1 GH</p> <p>Line Dance Party., 1 GH</p> <p>Mah Jong Int., 1 KW</p>	<p>Chair Dance, 10 KW</p> <p>EZ Line Dance, 11 KW</p> <p>DO NOT BOOK PER DON FOR CLEANING</p>	
25	26	27	28	29	30		
<p>Private Service 9-12 PM LG</p> <p>DO NOT BOOK PER DON FOR CLEANING</p> <p>Private meeting 5:30-8 LG</p> <p>Strata KAS 976</p>	<p>Mat Yoga 9 GH</p> <p>Teach MahJong& MahJong 10 KW</p> <p>Scrabble 10 KW</p> <p>Summer line Dance-Holly 10:15 GH</p> <p>Birds of a Feather, 12:30 LG</p> <p>Duplicate Bridge, 12:30 KW</p> <p>Live & Learn GH-1-3:30</p>	<p>Chair Yoga 10-GH</p>  <p>Pilates 11:15 - GH</p> <p><u>TUESDAY LUNCH</u></p> <p>Part. Bridge 1 KW</p> <p>Improver Line Dance 1 GH</p> <p>Crafts, 1 CR</p>	<p>Chair Yoga 9 GH</p> <p>EZ Line Dance, 10:15 GH</p> <p>Fun n Fit - 11:45 AM GH</p> <p>Beg. Line Dancing, 1 GH</p> <p>Crib 1 KW</p> <p>Beg.Line Dance 3-4 PM (Sign up required) GH</p> <p>Ukulele, 6:30-8:30 KW</p>	<p>TOPS, BR, 8:30-10</p> <p>Span. Conv., CR, 10</p> <p>First Steps Line Dancing,10:15 GH</p> <p>BINGO open 10,sales 12,play 1 KW</p> <p>Improver Line Dance 1 GH</p> <p>Crafts, 1 CR</p> <p>Scottish Dancers, 7-9 GH</p>	<p>Mat Yoga, 9 GH</p> <p>Open 8 Ball Tourn., 9</p> <p>French, 9:30, CR</p> <p>Thai Chi 10:30 GH</p> <p>Chair Fit 12-1 GH</p> <p>Line Dance Party., 1 GH</p> <p>Mah Jong Int., 1 KW</p> <p>Ted Talks 1-2:30 PM</p>	<p>WOULD YOU LIKE TO VOLUNTEER CALL TRACY AT 250-328-2971</p>  	