








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>The Centre Café</b></p> <p>Open from 9:00 – 3:00 Monday to Friday Check out our daily lunch specials!</p>	<p><b>1 Blood Donor Clinic</b></p> <p><b>8:30-10:30: Monday Breakfast</b> Open 10 Ball Tourn 10 first come-first served 9:45-12:15 Mah Jong (we only teach &amp; play the American version) KW 10:00 Scrabble KW 12:00 Birds of a Feather LG 12:30 Duplicate Bridge KW 4:00 – 5:15 EZ Line Dance KW</p>	<p><b>2 Blood Donor Clinic</b></p> <p>8:45 Chair Yoga Drop-In KW 10:00 Chair Yoga Pre-Reg KW</p> <p><b>TUESDAY LUNCH</b></p> <p>12:45 Part Bridge KW 1:00 Crafts CR</p>	<p><b>3 Blood Donor Clinic</b></p> <p>Open 9 Ball Tourn 9 first come-first served 9:15-10:00 Chair Dance KW 10:15-11:30 EZ Line Dance KW 11:45 Fun Fit KW 1:00 Crib KW 6:30 Ukulele KW</p>	<p><b>4 Blood Donor Clinic</b></p> <p>10:00 Spanish Conv. CR 10; BINGO Sales 11:00; 12:45 Play KW <b>11:00 Hot Dog Day</b> 1:00 Crafting CR 1:00-3:00 Computer Support BR</p> 	<p><b>5</b></p> <p>Open 8 Ball Tourn 8 first come-first served 9:00-10:00 Mat Yoga GH pre-register 9:30 French BR 10:30-11:30 Senior Fit GH 12:00 Chair Fit GH 1:00 American Mah Jong – experienced players only KW 1:15 Canasta GH</p> <p><b>MEMBERSHIP APPRECIATION</b></p>	<p><b>6 Senior's Week Open House</b></p> <p>9:00 – 11:00 Pancake Breakfast (By Donation) <b>Free Activities Today:</b> 10:00 – 1:00 Trishaw Rides 10:00 – 12:15 Activity Demos GH 10:30 – 12:30 Clubs, Services &amp; Retirement Residences KW 1:00 – 2:00 Dan Levit, BC Seniors Advocate GH 2:30 – 3:30 South Okanagan Big Band GH</p>
<b>Senior's Week – June 6 to 12</b>						
<p><b>7 Senior's Week</b></p> <p>11:30 Kitchen Sink Pocket Orchestra GH <b>Free</b> 1:00 MP Helena Konanz <b>Free</b> 2:30 Johnny Elvis GH <b>Free</b></p>	<p><b>8</b></p> <p><b>8:30-10:30: Monday Breakfast</b> Open 10 Ball Tourn first come-first served <b>9:00 – 10:00 Pension Eligibility KW Free</b> 9:00 Summer Line Dance GH <b>10:00 Mah Jong No Teaching Table Today</b> 10:00 Scrabble KW 10:20 EZ Line Dance GH 12:00 Birds of a Feather LG 12:30 Duplicate Bridge KW <b>1:00 – 2:00 Stroke &amp; Brain Injury Recovery GH Free</b> <b>4:30 Dementia Panel KW Free</b> <b>7:00 The Klondike (Presentation) KW Free</b></p>	<p><b>9</b></p> <p><b>8:45 Chair Yoga Drop-In GH Free</b> <b>9:00 Financial Fraud KW Free</b> 10:00 Chair Yoga Pre-Reg GH 11:10 – 12:30 Table Tennis GH</p> <p><b>TUESDAY LUNCH</b></p> <p>12:45 Part Bridge KW 12:55 Improver/Intermediate Line Dance GH 1:00 Crafts CR 3:00 First Steps Line Dance GH <b>4:30 Falls Prevention KW Free</b> <b>7:00 Improve Your Sleep Free</b></p>	<p><b>10</b></p> <p>Open 9 Ball Tourn 9 first come-first served 9:15-10:00 Chair Dance GH 10:15-11:30 EZ Line Dance GH <b>10:30 Travel Seminar KW Free</b> 11:45 Fun Fit GH 1:00 Crib KW <b>1:00 Improver/Beg Line Dance GH Free</b> 3:00-4:15 Absolute Beg. Line 6:30-8:30 Ukulele KW <b>7:00 Okanagan Lake and the Inland Waterway GH Free</b></p>	<p><b>11</b></p> <p>10:00 Spanish Conv. CR 10; BINGO Sales 11:00; 12:45 Play KW 1:00 Crafting CR <b>1:00 Improver/I Line Dance GH Free</b> 1:00-3:00 Computer Support BR <b>3:00-5:00 Table Tennis GH Free</b> <b>4:30 Your Sight &amp; Eyeglasses KW Free</b></p>	<p><b>12</b></p> <p>Open 8 Ball Tourn 8 first come-first served 9:00-10:00 Mat Yoga GH pre-register <b>9:00 Adapting Through Change KW Free</b> 9:30 French BR <b>10:00 Home Health KW Free</b> <b>10:30-11:30 Senior Fit GH Free</b> <b>12:00 Chair Fit GH Free</b> <b>11:45-3:15 American Mah Jong – Tournament</b> 1:15 Canasta GH <b>4:00 Estate Planning KW Free</b></p>	<p><b>13</b></p> <p><b>Social Dinner/Dance</b></p> 

**\*\*Please note: Some activities are FREE during Senior's Week, and some are regular fees.**

**\*\* This Senior's Week schedule was accurate at the time of printing. Any unforeseen changes will be updated on the online calendar.**

Continued on back



<p><b>14</b></p> <p><b>The Centre Café</b></p> <p>Open from 9:00 – 3:00 Monday to Friday Check out our daily lunch specials!</p>	<p><b>15</b></p> <p><b>8:30-10:30: Monday Breakfast</b> Open 10 Ball Tourn 10 first come-first served 9:00 Summer Line Dance GH 9:45-12:15 Mah Jong (we only teach &amp; play the American version) KW 10:00 Scrabble KW 10:20 EZ Line Dance GH 12:00 Birds of a Feather LG 12:30 Duplicate Bridge KW <b>1:00 Live &amp; Learn Kitchen Table Conversations with neuHouzz Realtors</b></p>	<p><b>16</b></p> <p><b>8:45 Cancelled Chair Yoga GH</b> <b>9:30 Kaiser KW</b> <b>10:00 Cancelled Chair Yoga Pre-Reg GH</b> 11:10 – 12:30 Table Tennis GH</p> <p><b>TUESDAY LUNCH</b></p> <p>12:45 Part Bridge KW 12:55 Improver/Intermediate Line Dance GH 1:00 Crafts CR 3:00 First Steps Line Dance GH</p>	<p><b>17</b></p> <p>Open 9 Ball Tourn 9 first come-first served 9:15-10:00 Chair Dance GH 10:15-11:30 EZ Line Dance GH 11:45 Fun Fit GH 1:00 Crib KW 1:00-3:00 Beg. Line Dance GH 3:00-4:15 Absolute Beg. Line Dance pre-register GH 6:30-8:30 Ukulele KW</p>	<p><b>18</b></p> <p>10:00 Spanish Conv. CR 10; BINGO Sales 11:00; 12:45 Play <b>11:00 Pizza Day</b>  1:00 Crafting CR 1:00 Improver/I Line Dance GH 1:00-3:00 Computer Support BR 3:00-5:00 Table Tennis GH</p>	<p><b>19</b></p> <p>Open 8 Ball Tourn 8 first come-first served 9:00-10:00 Mat Yoga GH pre-register 9:30 French BR <b>10:30-11:30 Cancelled Senior Fit GH</b> 12:00 Chair Fit GH 1:00 American Mah Jong – experienced players only KW 1:15 Canasta GH</p>	<p><b>20</b></p> <p><b>Quilters Retreat</b> 9.30am to 9.30pm KW</p>  <p><b>Heidelberg Club</b></p> 
<p><b>21</b></p> <p>Billiards – Monday to Friday 9:00 am – 12:15pm; 12:30 – 3:30pm</p> 	<p><b>22</b></p> <p><b>8:30-10:30: Monday Breakfast</b> Open 10 Ball Tourn 10 first come-first served 9:00 Summer Line Dance GH 9:45-12:15 Mah Jong (we only teach &amp; play the American version) KW 10:00 Scrabble KW 10:20 EZ Line Dance GH 12:00 Birds of a Feather LG 12:30 Duplicate Bridge KW <b>1:00 Live &amp; Learn Care for the Caregivers (Sponsored by Penticton retired teachers)</b></p>	<p><b>23</b></p> <p>8:45 Chair Yoga Drop-In KW 10:00 Chair Yoga pre-reg KW</p> <p><b>TUESDAY LUNCH</b></p> <p><b>11:00 – 4:00 Holly' Summer Social GH</b> 12:45 Part Bridge KW 1:00 Crafts CR</p>	<p><b>24</b></p> <p>Open 9 Ball Tourn 9 first come-first served 9:15-10:00 Chair Dance GH 10:15-11:30 EZ Line Dance GH 11:45 Fun Fit GH 1:00 Crib KW 1:00-3:00 Beg. Line Dance GH 3:00-4:15 Absolute Beg. Line Dance pre-register GH <b>5:00 Musical BINGO</b> 6:30-8:30 Ukulele KW</p>	<p><b>25</b></p> <p>10:00 Spanish Conv. CR 10; BINGO Sales 11:00; 12:45 Play 1:00 Crafting CR 1:00 Improver/I Line Dance GH 1:00-3:00 Computer Support BR 3:00-5:00 Table Tennis GH</p>	<p><b>26</b></p> <p>Open 8 Ball Tourn 8 first come-first served 9:00-10:00 Mat Yoga GH pre-register 9:30 French BR <b>10:30-11:30 Cancelled Senior Fit GH</b> 11:00 Birthday Club KW 12:00 Chair Fit GH 1:00 American Mah Jong – experienced players only KW 1:15 Canasta GH</p>	<p><b>27</b></p>
<p><b>28</b></p>	<p><b>29 Blood Donor Clinic</b></p> <p><b>8:30-10:30: Monday Breakfast</b> Open 10 Ball Tourn 10 first come-first served 9:45-12:15 Mah Jong (we only teach &amp; play the American version) KW 10:00 Scrabble KW 12:00 Birds of a Feather LG 12:30 Duplicate Bridge KW 4:00 – 5:15 EZ Line Dance KW</p>	<p><b>30 Blood Donor Clinic</b></p> <p>8:45 Chair Yoga Drop-In KW 10:00 Chair Yoga Pre-Reg KW</p> <p><b>TUESDAY LUNCH</b></p> <p>12:45 Part Bridge KW 1:00 Crafts CR</p>	 <p><b>JUNE is Brain Injury Awareness Month</b></p>			