

January 2023

updated Jan. 18

PENTICTON SENIORS' DROP-IN CENTRE Telephone: 250-493-2111

2965 South Main Street, Penticton, BC, V2A 5J7

Business Hours/weekdays 9:00 AM to 4:00 PM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
<p>First Day Dance 2pm - 6pm</p> 	<p>CLOSED</p> <p>NEW YEARS DAY STAT</p>	<p>Slow Mat Yoga, 11</p> <p><u>TUESDAY LUNCH</u></p> <p>Part. Bridge 1 Imp. Line Dance, CR - Crafts, 1 Adventurers 6:30-9:30 Zumba Gold 7-8</p>	<p>Chair Yoga, 9 EZ Line Dancing, 10:15 Zumba Gold, 11:45</p> <p>Crib 1 Beg Line Dan., 1 Belly Dancing 3:15</p>	<p>TOPS, BR, 8:30-10 Span. Conv., CR, 10 Carpet Bowling, 10:30 BINGO open 10,sales 12,play 1 Imp. Line Dance Crafts, 1 Computer Classes 1-3 Table Tennis, 3:15 Scottish Dancers, 7-9</p>	<p>Mat Yoga, 9 Open 8 Ball Tourn., 9 French, 9:30 Tai Chi,10:30</p> <p>Mah Jong Int., 1 Int./Adv. Line Dan., 1 Ted Talks 1:00-2:30 BR</p>	<p>Chair Dance, 10 EZ Line Dancing, 11</p> <p>Heidelberg Club Lg., 2-5 pm</p>
8	9	10	11	12	13	14
	<p>Scrabble : 10 Mah Jong 10 Carpet Bowling, 10:30 Dup. Bridge, 12:30 Birds of a Feather, 12:30 live&learn talk-GH 1-3:30 Begin. Ukulele, BR, 3:00-4:15 Table Tennis, 3:15 Scottish Dancers practice 7-9 GH</p>	<p>GH - Slow Mat Yoga, 11</p> <p><u>TUESDAY LUNCH</u></p> <p>Part. Bridge 1 Imp. Line Dance, Crafts, 1 Begin. Ukulele,CR 3:15 Zumba Gold 7-8</p>	<p>Chair Yoga, 9 EZ Line Dancing, 10:15 Zumba Gold, 11:45</p> <p>Crib 1 Beg. Line Dancing, 1 Belly Dancing 3:15 Ukulele, 6:30-8:30 Meeting. GH 6:30-9:30</p>	<p>TOPS, BR, 8:30-10 Span. Conv., CR, 10 Carpet Bowling, 10:30 BINGO open 10,sales 12,play 1 Computer classes 1-3 Imp. Line Dance, Crafts, 1 Table Tennis, 3:15 Scottish Dancers, 7-9</p>	<p>Open 8 Ball Tourn., 9 Mat Yoga, 9 French 9:30</p> <p>Chair Stretch & Strength 12-1 Mah Jong Int., 1 Int./Adv. Line Dan., 1 Friday Dance- 7 - 9:30 Kyle Anderson</p>	<p>KWR Chair Dance, 10 EZ Line Dancing, 11</p> <p>MONTHLY SOCIAL DINNER, 5:30 PM</p>  <p>Mexican night</p>
15	16	17	18	19	20	21
	<p>Scrabble : 10 Mah Jong 10 Birds O Feather 12:30LG</p> <p>BLOOD DONOR CLINIC Dup. Bridge, 12:30 Table Tennis, KWR 3:15 Begin. Ukulele, CR, 3:00-4:15 Newcomers,,6:30,Mic</p>	<p><u>TUESDAY LUNCH</u></p> <p>BLOOD DONOR CLINIC Part. Bridge 1 Crafts 1 Beg. Ukulele, CR, 3:15</p>	<p>EZ line dance 10:15-KWR</p> <p>BLOOD DONOR CLINIC Crib 1</p> <p>Ukulele, 6:30-8:30</p>	<p>TOPS, BR, 8:30-10 Span. Conv., CR, 10</p> <p>Carpet Bowling, 10:30 BINGO open 10,sales 12,play 1 Computer classes 1-3 Imp. Line Dance, Crafts, 1 Table Tennis, 3:15 Scottish Dancers, 7-9</p>	<p>Open 8 Ball Tourn., 9 Mat Yoga, 9 French, 9:30, Tai Chi,10:30 Chair Stretch & Strength 12-1 Int./Adv. Line Dan., 1 Mah Jong Int., 1 Ted Talks 1:00-2:30 BR subject-sleep</p>	<p>Chair Dance, 10 EZ Line Dancing, 11</p> <p>Quilters Retreat 9:30am - 9:30 pm Shriner lunch/meeting Lunch 11:45-12:45 LG Meeting BR-12:45-1:45 Heidelberg Club, LG 2-5pm Private PartyGH 4:00-7:00</p>
22	23	24	25	26	27	28
<p>DINNER & DANCE Celebrate Year of the Rabbit GH 2 -6 pm</p>	<p>Scrabble : 10 Mah Jong 10 Carpet Bowling, 10:30 Dup. Bridge, 12:30 Birds of a Feather, 12:30 Live & Learn - GH-1-3:30 Speaker TBD Table Tennis, 3:15, Begin. Ukulele, CR, 3:00-4:15</p>	<p><u>TUESDAY LUNCH</u></p> <p>Part. Bridge 1 Imp. Line Dance Crafts, 1 Beg. Ukulele, CR, 3:15 Zumba Gold 7-8</p>	<p>Chair Yoga, 9 EZ Line Dancing, 10:15 Zumba Gold, 11:45</p> <p>Beg. Line Dancing, 1</p> <p>Crib 1</p> <p>Ukulele, 6:30-8:30</p>	<p>TOPS, BR, 8:30-10 Span. Conv., CR, 10 Carpet Bowling, 10:30 BINGO open 10,sales 12,play 1 Computer classes 1-3 Imp. Line Dan., Crafts, 1 Table Tennis, 3:15 Donor appreciation event KWR 5:00-7:00 Scottish Dancers, 4:30-9 baron of beef</p>	<p>Mat Yoga, 9 Open 8 Ball Tourn., 9 French, 9:30, Tai Chi,10:30 Birthday Club, 11 Chair Stretch & Strength 12-1 Int./Adv. Line Dan., 1 Mah Jong Int., 1</p>	<p>Chair Dance, 10 EZ Line Dancing, 11</p>
29	30	31				
<p>Private Service 9-12 LG</p> <p>Sunday Concert - GH 2-4 Robert Johnson</p>	<p>Scrabble : 10 Mah Jong 10 Carpet Bowling, 10:30 Birds of a Feather, 12:30 Dup. Bridge, 12:30 Live & Learn-GH- 1-3:30 Downsizing Table Tennis 3:15 Begin. Ukulele, CR, 3:00-4:15</p>	<p><u>TUESDAY LUNCH</u></p> <p>Part. Bridge 1 Imp. Line Dance Crafts, 1 Beg. Ukulele, CR, 3:15 Zumba Gold 7-8</p>	<p>MONDAY BREAKFASTS 8:30-10:30</p> 	<p><u>CINNAMON BUNS</u> <u>THURSDAY</u></p> 	 <p>POOL: Mon-Fri.</p> <p>Lessons Available by appt. only Call Frank, 250-460-6931</p>	<p>Volunteer Opportunities Available. Call Tracy at 250-328-2971</p> 