


| September 2023 | | PENTICTON SENIOR'S DROP-IN CENTRE Telephone: 250-493-2111 Check Website for updates | | | | |
|--------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------|
| Updated September 8 Calender Subject to change | | 2965 South Main Street, Penticton, BC, V2A 5J7 | | Business Hours/weekdays 9:00 AM to 4:00 PM | | |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| | | | | | 1 | 2 |
| | | | | | Membership Appreciation Day Open 8 Ball Tourn. 9 Mat Yoga 9 AM GH | Chair Dance, 10 KW EZ Line Dance, 11 KW |
| | | | | | Chair Fit 12-1 GH Mah Jong Int. 1 PM KW | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | LABOUR DAY  CENTRE CLOSED | Pilates 11:15 AM GH | EZ Line Dance 10:15 AM GH Fun & Fit 11:45 GH | Span. Conv.10 AM CR | Open 8 Ball Tourn. 9 Mat Yoga 9 AM GH | |
| | | TUESDAY LUNCH | Crib 1 PM KW Beg. Line Dance 1 GH | BINGO open @ 10, sales @ 11:30, Play Bingo @ 1 PM KW Hot Dog Day 11-2 | French 9:30 am CR Chair Fit 12-1 GH | |
| | | Partner Bridge 1 PM KW Improver Line Dance 12:45 PM GH Crafts 1 PM CR | Beg. Line Dance 3-4 GH (pre-register) | Improver Line Dance 1 GH Crafts, 1 CR | Mah Jong Int. 1 PM KW Line Dance Party 1 GH | Social Dinner 5:30-7 pm GH (purchase tickets in advance) |
| | | First Steps Line Dance 3 PM GH | Writing out loud (free-pre-register) 2-3:15 pm CR | Computer Support 1 BR (appointment required) | | |
| | | | Ukelele 6:30-8:30 KW | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| | Breakfast 8:30-11 | Chair Yoga 9 AM GH (pre register) | EZ Line Dance 10:15 AM GH | Span. Conv.10 AM CR | Open 8 Ball Tourn. 9 | |
| Christian Science Church 9:30-11:30 BR | Scrabble 10 AM KW MahJong 10 AM KW | Pilates 11:15 AM GH TUESDAY LUNCH | Fun & Fit 11:45 GH Crib 1 PM KW | | Mat Yoga 9 AM GH French 9:30 am CR | Chair Dance, 9 GH EZ Line Dance, 10 GH |
| | Chair Dance, 10 GH | Emergency Preparedness information session 11-2 pm lobby | Beg. Line Dance 1 GH | BINGO open @ 10, sales @ 11:30, Play Bingo @ 1 PM KW Improver Line Dance 1 GH | Senior Fit 10:30 GH- bring resistance band | |
| | Duplicate Bridge 12:30 KW Birds of a Feather 12:30 LG Live & Learn 1-3 pm GH | Partner Bridge 12:45 PM KW Improver Line Dance 12:45 PM GH First Steps Line Dance 3 PM GH | Writing out loud (free, pre-register) 2-3:15 pm CR Beg. Line Dance 3-4 GH | Crafts, 1 CR Scottish Dancers 7 GH | Mah Jong Int. 1 PM KW Line Dance Party 1 GH Friday night dance Buzz Byer | |
| | | Art Class 6:30-8:30 pm LG (pre-register) | (pre-register) | Computer Support 1 BR (appointment required) | 7:30-10:00 GH Ted Talk 1-3 BR | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | Breakfast 8:30-11 | Chair Yoga 9 AM GH (pre register) | EZ Line Dance 10:15 AM GH | Span. Conv.10 AM CR | Open 8 Ball Tourn. 9 | |
| | Mat Yoga 9 AM GH Scrabble 10 AM KW | Pilates 11:15 AM GH TUESDAY LUNCH | Fun & Fit 11:45 GH Crib 1 PM KW | Carpet Bowling 10:15 GH Pizza Day 11-2 PM | Mat Yoga 9 AM GH French 9:30 am CR | Chair Dance, 10 GH EZ Line Dance, 11 GH |
| | MahJong 10 AM KW Carpet Bowling 10:15 GH | Crafts 1 PM CR | Beg. Line Dance 1 GH | BINGO open @ 10, sales @ 11:30, Play Bingo @ 1 PM KW Improver Line Dance 1 GH | Senior Fit 10:30 GH- bring resistance band Mah Jong Int. 1 PM KW | |
| Sunday Concert 2-4 pm Kyle Anderson | Duplicate Bridge 12:30 KW Birds of a Feather 12:30 LG | Partner Bridge 12:45 PM KW Improver Line Dance 12:45 PM GH First Steps Line Dance 3 PM GH | Writing out loud (free, pre-register) 2-3:15 pm CR Beg. Line Dance 3-4 GH | Crafts, 1 CR Computer Support 1 BR | Line Dance Party 1 GH Ted Talk 1-3 BR Friday night dance Shindigger | |
| | Live & Learn 1-3 pm GH | Art Class 6:30-8:30 pm LG (pre-register) | (registration required) Ukelele 6:30-8:30 KW | (appointment required) Scottish Dancers 7 GH | 7:30-10:00 GH | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | Breakfast 8:30-11 | | | Chair Yoga 9 AM GH (pre register) | Open 8 Ball Tourn. 9 | |
| Grace Communion 9:30-11:30 LG | BLOOD DONOR CLINIC GH | BLOOD DONOR CLINIC GH | BLOOD DONOR CLINIC GH | Span. Conv.10 AM CR | Mat Yoga 9 AM GH Senior Fit 10:30 GH- bring resistance band | Chair Dance, 10 GH |
| | Mat Yoga 9 AM KW | Pilates 11:15 group walk TUESDAY LUNCH | Crib 1 PM KW Writing out loud (free-re-register) 2-3:15 pm CR | BINGO open @ 10, sales @ 11:30, Play Bingo @ 1 PM KW Improver Line Dance 1 GH Crafts, 1 CR | French 9:30 am CR Birthday Club 11 Mah Jong Int. 1 PM KW Chair Fit 12-1 GH | EZ Line Dance, 11 GH |
| Christian Science Church 9:30-11:30 BR | Scrabble 10 AM KW MahJong 10 AM KW | Crafts 1 PM CR Partner Bridge 12:45 PM KW | | Computer Support 1 BR (appointment required) | Line Dance Party 1 GH | |
| | Soup of the Month 11-2 pm | | | | | |
| | Duplicate Bridge 12:30 KW Birds of a Feather 12:30 LG | Art Class 6:30-8:30 pm LG (Pre-Register) | Ukelele 6:30-8:30 KW | Scottish Dancers 7 GH | Friday Night Dance Little Big Band -7:30-10:00 GH | |

WOULD YOU LIKE TO VOLUNTEER
CALL TINA AT 250-493-2111

POOL : MONDAY-FRIDAY
LESSONS AVAILABLE BY APPT. ONLY
CALL FRANK 250-460-6931



MONDAY BREAKFASTS
8:30 AM TO 11:00 AM



TUESDAY LUNCH
11:15 TO 12:30 PM



THURSDAY IS CINNAMON BUN DAY

BAKED FRESH \$2.50

