



JUNE, 2024		PENTICTON SENIORS' DROP-IN CENTRE 2965 SOUTH MAIN STREET, PENTICTON, BC, V2A 5J7				Revised: JUNE 10, 2024	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	BILLIARDS:MON-FRI 9 AM-12:15; 12:30-3:30 PM LESSONS AVAILABLE CALL FRANK, 250-460-6931	Volunteer Opportunities Available Call Louise at 250-328-2971 	BREAKFAST MONDAY 8:30-10:30 			1	
2	3 Mah Jong ; Scrabble 10 KW BLOOD DONOR CLINIC Outdoor Yoga with Lorraine 9 am -10 am Duplicate Bridge 12:30 KW Birds of Feather 12:30 EZ Line Dance 4 pm-5:15 pm KW Klondike Gold Rush -Doug Cox 7 pm - 8 pm KW	4 Chair Yoga 8:45 KW; Chair Yoga 10 KW Meditation/relaxation 9:30 CON.R BLOOD DONOR CLINIC TUESDAY LUNCH Free Dessert with Tuesday Lunch Special Part Bridge 12:45 KW; Crafts 1 CR Financial Fraud with Tim Gordon from RBC 4 pm -5 pm KW Improve your sleep with Dr. Cridland 6 pm-7 pm KW	5 Volunteers -South Okanagan Volunteer Centre 10:30 am to 12 noon KW BLOOD DONOR CLINIC Crib 1:15 KW Penticton Now and Then-Doug Cox 4 pm-5 pm KW Ukelele 6:30-8:30 KW	6 CINNAMON BUN DAY Span. Conv. 10 CR Hot Dog Day 11 am-12 pm EZ Line Dance 9:30 am - 10:45 am Chair Dance 11:15-12 noon GH BINGO open 10, Sales 11:30, Play 12:45 Volunteers Crafting 1 CR Computer Appointments 1-3 BR Improver/I. Line Dance 1 GH Table Tennis 3:15 GH Travel Seminar Wells Gray Travel- 3-4 pm KW	7 MEMBER APPRECIATION DAY Mat Yoga 9 GH Open 8 Ball Tourn 9 French 9:30 BR Senior Fit 10:30 Bring Band with handle GH Chair Fit 11:45 am - 12:45 pm GH Sing-a-Long with Ukelele Club 1:30 pm - 3:30pm Mah Jong 1 KW Senior Estate Planning with Everdeen Rust 3:15 pm - 4:45 pm KW Chayce Kennedy 6 pm GH	8 Pancake Breakfast 9 am - 11 am Trishaw Rides 10 am to 11 am Activity Demos 10 am - 12:15 pm GH Penticton Clubs Displays 10 am - 12 pm KW Retirement Residences Front Lobby 10 am-12 pm Kyle Anderson 12:30 pm - 2:30 pm GH	
9	10 Summer Line Dance 9 am-10:15 am GH EZ Line Dance 10:30 am - 11:45 am GH Mah Jong ; Scrabble 10 KW Mah Jong (To register for teaching table call Penny 250-809-7441) Duplicate Bridge 12:30 Birds of Feather 12:30	11 Chair Yoga 8:45 GH Drop in Chair Yoga 10 Must pre-register GH Pilates 11:15 GH TUESDAY LUNCH Part Bridge 12:45 KW Improver/Intermediate 12:55 GH First Steps Line Dance 3 GH Crafts 1 CR	12 EZ Line Dance , 9:30 GH Fun and Fit 11:45 GH Crib 1 KW Beg. Line Dance 1-3 GH Pre-register Ukelele 6:30-8:30 KW	13 Span. Conv. 10 CR Chair Dance 11:15-12 noon GH BINGO open 10, Sales 11:30, Play 12:45 Volunteers Crafting 1 CR Computer Appointments 1-3 BR Improver/I. Line Dance 1 GH Table Tennis 3:15 GH	14 Mat Yoga 9 GH Open 8 Ball Tourn 9 French 9:30 BR Senior Fit 10:30 Bring Band with handle Chair Fit 12 GH Mah Jong 1 KW Table Tennis 1-3 GH Friday Night Dance 7-9:30 Curtis Kieres	15 Quilter's Retreat 9:30 am- 9:30 pm	
16	17 Summer Line Dance 9 am-10:15 am GH EZ Line Dance 10:30 am - 11:45 am GH Mah Jong ; Scrabble 10 KW Mah Jong (To register for teaching table call Penny 250-809-7441) Duplicate Bridge 12:30 Birds of Feather 12:30 Live and Learn- South Okanagan Loss Society 1-2:30 pm GH	18 Chair Yoga 8:45 GH Drop in Chair Yoga 10 Must pre-register GH Pilates 11:15 GH TUESDAY LUNCH Part Bridge 12:45 KW Improver/Intermediate 12:55 GH First Steps Line Dance 3 GH Crafts 1 CR	19 EZ Line Dance , 9:30 GH Fun and Fit 11:45 GH Crib 1 KW Beg. Line Dance 1-3 GH Pre-register	20 CINNAMON BUN DAY Span. Conv. 10 CR Chair Dance 11:15-12 noon GH BINGO open 10, Sales 11:30, Play 12:45 Pizza Day 11 am-12 pm Volunteers Crafting 1 CR Improver/I. Line Dance 1 GH Table Tennis 3:15 GH	21 Mat Yoga 9 GH Open 8 Ball Tourn 9 French 9:30 BR Mah Jong 1 KW Chair Fit 12 GH Table Tennis 1-3 GH	22 SOCIAL DINNER 5:30-7 PM GH	
23	24 Soup of the Month 11am -2 pm Summer Line Dance 9 am-10:15 am GH EZ Line Dance 10:30 am - 11:45 am GH Mah Jong ; Scrabble 10 KW Mah Jong (To register for teaching table call Penny 250-809-7441) Duplicate Bridge 12:30 Birds of Feather 12:30 Live and Learn-Gravittii 1-2 pm GH	25 Chair Yoga 8:45 GH Drop in Chair Yoga 10 Must pre-register GH Pilates 11:15 GH TUESDAY LUNCH Part Bridge 12:45 KW Improver/Intermediate 12:55 GH First Steps Line Dance 3 GH Crafts 1 CR	26 EZ Line Dance , 9:30 GH Fun and Fit 11:45 GH Crib 1 KW Beg. Line Dance 1-3 GH Pre-register Ukelele 6:30-8:30 KW Musical Bingo 5 pm-8:30 pm	27 Span. Conv. 10 CR Chair Dance 11:15-12 noon GH BINGO open 10, Sales 11:30, Play 12:45 Volunteers Crafting 1 CR Improver/I. Line Dance 1 GH Table Tennis 3:15 GH	28 Mat Yoga 9 GH Open 8 Ball Tourn 9 Birthday Club 11 am KW Senior Fit 10:30 Bring Band with handle French 9:30 BR Mah Jong 1 KW Table Tennis 1-3 GH	29 BLOOD DONOR CLINIC	
30	BLOOD DONOR CLINIC						