



OCTOBER, 2024		PENTICTON SENIORS' DROP-IN CENTRE 2965 SOUTH MAIN STREET, PENTICTON, BC, V2A 5J7			250-493-2111	REVISED SEPTEMBER 26
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
 Volunteer Opportunities Available Call Louise at 250-328-2971	BREAKFAST MONDAY 8:30-10:30 	Chair Yoga 8:45 GH Drop in Chair Yoga 10 Must pre-register GH Pilates 11:15 GH TUESDAY LUNCH Part Bridge 12:45 KW Improver/Intermediate 12:55 GH Crafts 1 CR Ipad Course 1-2:30 pm BR Must pre-register First Steps Line Dance 3 GH	Open 9 Ball Tourn 9 EZ Line Dance , 9:30 GH Chair Dance 10:50 -11:35 GH Fun and Fit 11:45 pm GH Crib 1 KW Writing out Loud Pre-register 10:30-11:45 CR Beg. Line Dance level 2 1-3 GH Pre-register Beg. Line Dance level 1 3-4:15 GH Pre-register Ukelele 6:30-8:30 KW	Span. Conv. 10 CR Carpet Bowling 10:15 GH Hot Dog Day 11 am-12 pm BINGO open 10, Sales 11:30, Play 12:45 Volunteers Crafting 1 CR Improver/l. Line Dance 1 GH Computer Appointments 1-3 BR Table Tennis 3:15 GH Volunteer Fair 5-7 KW Art Class must pre-register 6:30-8:30 pm LG Scottish Dancers 7-9 GH	MEMBER APPRECIATION DAY Open 8 Ball Tourn 9 Matt Yoga 9 GH French 9:30 BR Mah Jong 1 KW Table Tennis 1-3 pm GH FRIDAY NIGHT DANCE 7-9:30 GH PAUL JAMES	Heidleberg Club 2-5 LG
6	7	8	9	10	11	12
	Restorative Yoga 9 am GH Mah Jong ; Scrabble 10 KW Mah Jong Teaching Table call Penny 250-809-7441 Carpet Bowling 10:15 GH Duplicate Bridge 12:30 Birds of Feather 12:30 Chair Dance 2:45 GH EZ Line Dance 4 pm GH Cooking class 6 pm SOLD OUT	Chair Yoga 8:45 GH Drop in Chair Yoga 10 Must pre-register GH Pilates 11:15 GH TUESDAY LUNCH Part Bridge 12:45 KW Improver/Intermediate 12:55 GH Crafts 1 CR Ipad Course 1-2:30 pm BR Must pre-register First Steps Line Dance 3 GH	Open 9 Ball Tourn 9 EZ Line Dance , 9:30 GH Fun and Fit 11:45 pm GH Crib 1 KW Beg. Line Dance level 2 1-3 GH Pre-register Beg. Line Dance level 1 3-4:15 GH Pre-register Ukelele 6:30-8:30 KW	BC Elections advanced Polling station 8 am -8 pm KW Span. Conv. 10 CR Carpet Bowling 10:15 GH Volunteers Crafting 1 CR Improver/l. Line Dance 1 GH Computer Appointments 1-3 BR Ukelele Class Level 1 3-4:30 CR Art Class must pre-register 6:30-8:30 pm LG Scottish Dancers 7-9 GH	BC Elections advanced Polling station 8 am -8 pm KW Open 8 Ball Tourn 9 Matt Yoga 9 GH Ukelele Level 2 9-11 am CR French 9:30 BR Table Tennis 1-3 pm GH	BC Elections Advanced KW 8am - 8 pm Thanksgiving Social Dinner 5-7:30 GH Tickets available now
13	14	15	16	17	18	19
	CLOSED THANKSGIVING	BC Elections advanced Polling station 8 am -8 pm KW Chair Yoga 8:45 GH Drop in Chair Yoga 10 Must pre-register GH Pilates 11:15 GH TUESDAY LUNCH Improver/Intermediate 12:55 GH Crafts 1 CR First Steps Line Dance 3 GH	BC Elections advanced Polling station 8 am -8 pm KW Open 9 Ball Tourn 9 EZ Line Dance , 9:30 GH Chair Dance 10:50 -11:35 GH Fun and Fit 11:45 pm GH Beg. Line Dance level 2 1-3 GH Pre-register Beg. Line Dance level 1 3-4:15 GH Pre-register Ukelele 6:30-8:30 GH	Span. Conv. 10 CR Carpet Bowling 10:15 GH BINGO open 10, Sales 11:30, Play 12:45 Pizza Day 11-12 pm Volunteers Crafting 1 CR Improver/l. Line Dance 1 GH Computer Appointments 1-3 BR Table Tennis 3:15 GH Ukelele Class Level 1 3-4:30 CR Scottish Dancers 7-9 GH	Open 8 Ball Tourn 9 Matt Yoga 9 GH Ukelele Level 2 9-11 am KW French 9:30 BR Table Tennis 1-3 pm GH Mah Jong 1 KW	BC Elections Polling station 8 am -8 pm GH Heidleberg Club 2-5 LG Quilters Retreat 9:30-9:30 KW
20	21	22	23	24	25	26
BINGO 4:30 KW	Mah Jong ; Scrabble 10 KW Mah Jong Teaching Table call Penny 250-809-7441 BLOOD DONOR CLINIC Duplicate Bridge 12:30 Birds of Feather 12:30 Chair Dance 2:45 KW EZ Line Dance 4 pm KW	Chair Yoga 8:45 KW Drop in Chair Yoga 10 Must pre-register KW Part Bridge 12:45 KW BLOOD DONOR CLINIC Crafts 1 CR	Open 9 Ball Tourn 9 EZ Line Dance , 10:30 KW Fun and Fit 11:45 pm KW BLOOD DONOR CLINIC Crib 1 KW Ukelele 6:30-8:30 KW	Span. Conv. 10 CR Carpet Bowling 10:15 GH BINGO open 10, Sales 11:30, Play 12:45 Volunteers Crafting 1 CR Computer Appointments 1-3 BR Ukelele Class Level 1 3-4:30 CR Scottish Dancers 7-9 GH	Open 8 Ball Tourn 9 Matt Yoga 9 GH Ukelele Level 2 9-11 am KW French 9:30 BR Senior Fit 10:30 GH Birthday Club 11 KW PSDIC AGM 1 pm GH Mah Jong 1 KW	
27	28	29	30	31		
	SOUP OF THE MONTH DAY 11-2 PM FISH CHOWDER Restorative Yoga 9 am GH Mah Jong ; Scrabble 10 KW Mah Jong Teaching Table call Penny 250-809-7441 Carpet Bowling 10:15 GH Duplicate Bridge 12:30 Birds of Feather 12:30 Live and Learn Telus 1-2:30 Chair Dance 2:45 CR EZ Line Dance 4 pm GH	Chair Yoga 8:45 GH Drop in Chair Yoga 10 Must pre-register GH Pilates 11:15 GH TUESDAY LUNCH Part Bridge 12:45 KW Improver/Intermediate 12:55 GH Crafts 1 CR First Steps Line Dance 3 GH	Open 9 Ball Tourn 9 EZ Line Dance , 9:30 GH Fun and Fit 11:45 pm GH Crib 1 KW Beg. Line Dance level 2 1-3 GH Pre-register Beg. Line Dance level 1 3-4:15 GH Pre-register Ukelele 6:30-8:30 KW	Chair Dance 9-9:45 GH Span. Conv. 10 CR Carpet Bowling 10:15 GH BINGO open 10, Sales 11:30, Play 12:45 Volunteers Crafting 1 CR Improver/l. Line Dance 1 GH Computer Appointments 1-3 BR Table Tennis 3:15 GH Ukelele Class Level 1 3-4:30 CR Handing out Candy for Halloween 4-7 pm Scottish Dancers 7-9 GH	BILLIARDS:MON-FRI 9 AM-12:15; 12:30-3:30 PM LESSONS AVAILABLE CALL FRANK, 250-490-9844	CRAFT ROOM OPEN MONDAY TO WEDNESDAY 10 AM TO 3 PM THURSDAY 11 AM TO 3 PM FRIDAY 10 AM TO 2:30 PM