

Activities August 25 - August 31

Monday, August 25		Tuesday, August 26	
8:30-10:30	Monday Breakfast	8:45	Chair Yoga (Drop-In)
9:00	Pool	9:00	Pool
10:00	Scrabble	10:00	Chair Yoga (Pre-register)
10:00	Mah Jong	11:15	Tuesday Lunch (11:15-12:30)
12:00	Birds of a Feather	12:30	Pool
12:30	Pool	12:45	Partner Bridge
12:30	Duplicate Bridge	1:00	Crafts
2:45	Chair Dance		
4:00	EZ line Dance		
	BLOOD DONOR CLINIC		BLOOD DONOR CLINIC
Wednesday, August 27		Thursday, August 28	
9:00	Open 9 Ball Tournament	9:00	Pool
9:30	EZ Line Dance	10:00	Spanish Conversation
12:30	Pool	10:00	Bingo opens, Sales 11:30, Play 12:45
1:00	Crib	12:30	Pool
	BLOOD DONOR CLINIC	1:00	Volunteer Crafting
			BLOOD DONOR CLINIC
Friday, August 29		Saturday, August 30	
9:00	Open 8 Ball tournament		
10:30	Senior Fit (bring resistance band)		
11:00	Birthday Club		
12:00	Chair Fit		
12:30	Pool		
1:00	Mah Jong	Sunday, August 31	

What's Happening at The Centre August 25-31, 2025

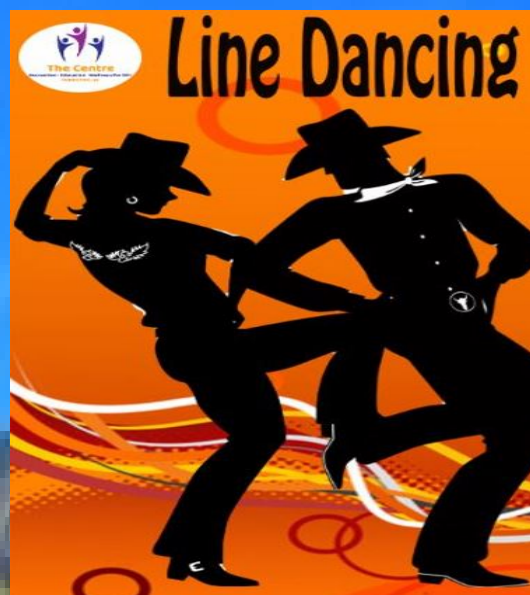


**AUGUST
BASKET RAFFLE**
TICKETS: 3/\$5.00

Basket Value \$300.00	Draw date: 1pm, Aug. 29th
---------------------------------	-------------------------------------

**SPONSORED BY
KETTLE VALLEY MEMORIAL &
AN ANONYMOUS DONOR**

Penticton Seniors' Drop-In Centre
2965 South Main Street
250-493-2111 www.pentictonseniors.ca
Gaming License #154190



When it's hot outside
Come inside.
The Centre is an official
Cooling station
available during
opening hours



Join us for
Chair Fit



Fridays
12 - 1pm
Drop-In

The poster has a background of a fiery, orange and red sky. It features an illustration of a person with dark hair, wearing a blue long-sleeved shirt and orange pants, sitting on a wooden chair and stretching their arms upwards. The text is in a mix of bold sans-serif and cursive fonts.

What's Happening at The Centre August 25-31 2025



Birds of a Feather

Join us for weekly, casual
conversation in the lounge.
Mondays @12:00



Everyone Welcome!



LEARN TO PLAY POOL

at the Penticton Seniors' Drop-In Centre
2965 South Main Street
250 493 2111
Web: pentictonseniors.org

FREE pool lessons
for men and women
interested in learning to play

8 ball or 9 ball pool

Lessons: Tuesday 12:30 – 4:00 pm
Where: Hartley Fawcett Pool Room

Cues will be provided
Beginners and intermediate
players welcome
Activity fee required



By Appointment Only
Call: Frank
250 460 6931

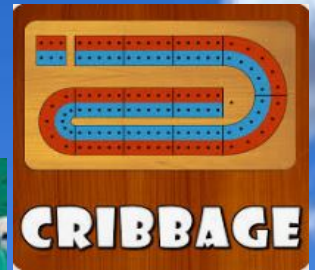
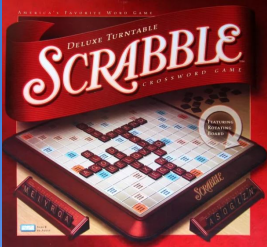
BRING A FRIEND
HAVE FUN!



EVERYONE WELCOME



What's Happening at The Centre August 25-31, 2025



Spanish Conversation





PRE-REGISTER CHAIR
Y O G A

SIX SESSIONS 10-11AM
AUG. 29
SEPT. 2,9,16,23,30

COST:
MEMBERS - \$24.00
NON-MEMBERS - \$42.00



PENTICTON SENIORS' DROP-IN CENTRE
2965 SOUTH MAIN ST. 250-493-2111
www.pentictonseniors.ca

What's Happening at The Centre

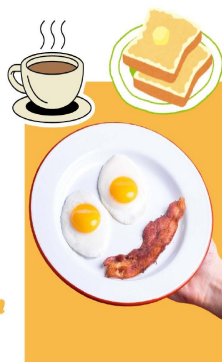
August 25-31, 2025

Breakfast at the Senior Centre

1. 2 eggs, 2 bacon, 2 sausages, toast and hashbrowns, coffee/tea \$10.00
2. 1 egg, 1 bacon, 1 sausage, toast and hashbrowns, coffee/tea \$8.00
3. Ham and cheese omelet, toast and hashbrowns, coffee/tea \$10.00

MONDAYS ONLY

Served from 8:30am - 10:30am



Hot Lunches at The Centre

Tuesdays 11:15-12:30

Main Feature - \$12, Dessert - \$2

Soup - \$5, Sandwich - \$5

Soup & Sandwich - \$9

Aug. 26: A Bite of Deliciousness

Hot Reuben Wrap

with layers of Montreal Smoked Corned Beef.

Sauerkraut, Swiss Cheese, Pickles (served warm, not spicy)

Potato Chips, Bean Salad

Cabbage Roll Soup, Egg Salad or Salmon Sandwich

Peach Cobbler

Food Specials Through The Week



Coming Soon To The Centre

**LIVE A
HEALTHY
LIFE BY
DANCING
MORE**

**ELENA RAFFARD
INSTRUCTOR**

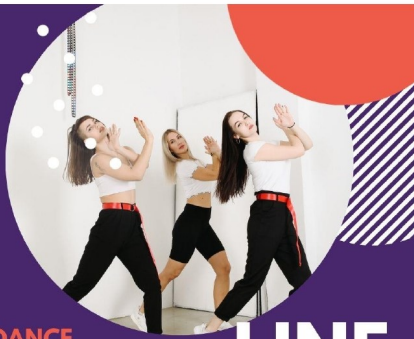
BEGINNER LINE DANCE

Wednesday, September 3rd, 1-3pm
Some knowledge of steps required
Pre-registration not required

ABSOLUTE BEGINNER

Wednesday Sept. 3, 3-4:15
For those new to line dancing
Preregistration required
Minimum of 8 people

**LINE
DANCE**



**Scottish Country
Dancing Thursdays
Starting September 4**



THE CENTRE PRESENTS

OKTOBERFEST

Oompah with

The BeerBarrels Duo

BEER - FOOD - LIVE MUSIC

THE BEER BARRELS

SEPT 20/ 5 to 10 pm

Dinner from 5-6 pm

The Senior Centre 2965 South Main Street Penticton

TICKETS FOR SALE AT THE CENTRE OR THE SOEC BOX OFFICE

TICKETS \$45.50 TAX INCL. DINNER AND ENTERTAINMENT OR \$30.25 TAX INCL. FOR BEER GARDENS AND ENTERTAINMENT

Linda Strate Interiors

Penticton Herald

GREYBACK™
WWW.GREYBACK.COM

CASTANET

South Main Market

HOODED Merganser Restaurant

Cannery Brewing

The Centre
Recreation - Education - Wellness for All
Penticton, BC

SOEC

Beer Gardens

Entertainment

Coming Soon To The Centre



50/50 DOOR PRIZE

MUSICAL BINGO

WED. SEPTEMBER 3RD

Tickets/ \$25

Doors open at 5:00/ Dinner served at 5:30

MENU

- LASAGNA
- CAESAR SALAD
- GARLIC TOAST
- CAPPUCCINO CHOCOLATE CHEESECAKE

PENTICTON SENIORS' DROP - IN CENTRE
2965 SOUTH MAIN STREET
250-493-2111 www.pentictonseniors.ca



CANASTA IS COMING!

Learn how to play during the month of September
on Wednesdays @ 1:00pm
in the Ken Wignes room.

Regular play will start in October,
same time and place. For more information
contact The Centre @ 250-493-2111

\$4 members/\$7 non-members



PENTICTON SENIORS' DROP-IN CENTRE
2965 South Main Street
250-493-2111 www.pentictonseniors.ca



We would like to start a potluck style cookbook club. A recipe is selected from a cookbook, prepared at home by the members and then shared as we discuss our experiences and the book. This club is not about perfection or being the best cook. It is about fun and cooking new things. Recipes may not always turn out and that is okay! When: Sept./Oct./Nov./Dec. from 4-6pm, Cost: \$20.00 for members, \$40.00 for non-members, Limit: 12 people. If interested, please contact: Sheila Maier at 778-838-7590 or sheilamaier@gmail.com



DANCE

FRIDAY, SEPT. 5/7-9:30PM

MUSIC BY BUZZ BYER

TICKETS \$10 AT THE DOOR


DOORS OPEN @6:30

BAR WITH SNACKS

MUST BE 19+

PENTICTON SENIORS' DROP-IN CENTRE
2965 SOUTH MAIN STREET
250-493-2111 www.pentictonseniors.ca

Coming Soon To The Centre



Fun and Fit

Exercise to music and
get your groove on!
Watch for classes
starting in September.

Penticton Seniors' Drop-In Centre
2965 South Main Street
250-493-2111
www.pentictonseniors.ca



SEMINAR

Sept. 10, 2025
10:30-12:30~KW Room

MY HEALTH PORTAL

Learn how to access test
results, appointments,
etc. online. Please register
at the front desk to attend.

PENTICTON SENIORS' DROP-IN CENTRE
2965 SOUTH MAIN STREET
250-493-2111 WWW.PENTICTONSENIORS.CA



OUR
SENIORS MAKE
THIS PLACE SPECIAL.
YOU MAKE
IT
POSSIBLE

The Centre
Recreation • Education • Wellness for 50+
Penticton, BC